Austin Maternal-Fetal Medicine

GLUCOSE LOG

✱ *Bring logs to every visit*

PATIENT NAME:	DATE OF BIRTH:	NEXT APPOINTMENT DATE & TIME:

CURRENT BLOOD SUGAR MEDICATIONS: please include dosage and how many times a day you take the medication, if any.

☐ Metformin: ____________ ☐ Humulin/Novolin N: ____________

☐ Novolog/Humalog: ____________

TARGET BLOOD SUGAR LEVELS
FASTING: no higher than **95**
1 HOUR AFTER EATING: no higher than **140**
2 HOURS AFTER EATING: no higher than **120**

DATE	FASTING	1 or 2 Hours AFTER			If your blood sugar is out of range, please list what you ate/drank for that meal
		BREAKFAST	LUNCH	DINNER	
		(Check Either) ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	
		(Check Either) ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	
		(Check Either) ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	
		(Check Either) ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	
		(Check Either) ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	
		(Check Either) ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	
		(Check Either) ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	*(Check Either)* ☐ 1HR ☐ 2HRS ______	

If your **MAIN** office for appointments is (check one):	Please email your glucose logs **WEEKLY** to:
☐ North Austin (Renfert Way)	AMFM.Nurse@hcahealthcare.com
☐ Cedar Park	AMFM.Nurse.CP@hcahealthcare.com
☐ South Austin (James Casey South)	NAMC.JCaseyefax@hcahealthcare.com
☐ Downtown Austin (IH35)	DowntownRN@hcahealthcare.com
☐ Harker Heights	HHNurse@hcahealthcare.com
☐ College Station	AMFM.Nurse.CollegeStation@hcahealthcare.com
☐ Brownwood ☐ Columbus ☐ Fredericksburg ☐ Georgetown ☐ Gonzales ☐ LaGrange ☐ Marble Falls ☐ San Angelo ☐ San Marcos	AMFMTelemedRN@hcahealthcare.com

Please check your main provider: ☐ Dr. Adusumalli ☐ Dr. Bednar ☐ Dr. DeStefano ☐ Dr. Hadley ☐ Dr. Haeri ☐ Dr. Herrera ☐ Dr. Hill ☐ Dr. Holliman ☐ Dr. McDonnold ☐ Dr. Monsivais ☐ Dr. Nielsen ☐ Dr. Singh